



# 10 Tips for a Successful ReBoot

## 1) **Develop a Growth Mindset**

- Be a lifelong learner
- Be willing to take risks
- Reframe failure

## 2) **Take time for discernment**

- Determine your core non-negotiable values
- Identify your strengths, talents, and passions
- Know what drains you
- Think expansively about opportunities
- Develop a personal vision statement

## 3) **Develop your personal brand**

- Determine which social media platforms to use
- Be consistent across platforms
- Consider ways to be a thought leader in your area of interest

## 4) **Hone your 30-second pitch**

- Perfect a 30-second summary of what you offer and want
- Include an “ask”

## 5) **Create a strong LinkedIn Profile and Resume**

- Take a professional looking headshot
- Strengthen your “above the fold” summary
- Connect with 500 people

## 6) **Cultivate your network**

- Set up coffees with people who hold jobs you’d like
- Reach out to people you used to work with

## 7) **Invest in yourself**

- Where might you need to upskill?
- Consider YouTube and affordable/free online resources

## 8) **Check your language**

- Is there a way to increase your confidence and impact?
- Use strategies to combat “Imposter Syndrome”

## 9) **Have a bias to action**

- Take small steps toward your goal
- Remember that “ease” is a greater threat to hardship than progress

## 10) **Identify an accountability partner**

- Develop specific actions and timeframes
- Have regular check-ins



# Personal Vision Statement

FIRST DRAFT:

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RESOURCES: What talents or gifts do you bring?

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CONTEXT: Who do you want to work with? Where? When? How much?

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IMPACT: What impact do you want to have?

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SECOND DRAFT:

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## **TODAY'S WORKPLACE REQUIRES**

Ability and willingness to learn new skills (84%)

Critical thinking and problem solving (82%)

Collaboration and team work (74%)

Interpersonal communication (72%)

Ability to analyze and synthesize information (69%)

(Source: Life in the 21st Century Workforce: A national Perspective, University of Phoenix and US Chamber of Commerce)

**"People who perceive themselves as lifelong learners often are 'superagers' remaining vital and cognitively resilient through old age."**

The Guardian

### **Vision Statement Examples**

To bring beauty and calm into the world

Creative collaboration with people I respect, to change lives and build community

To encourage others to live their best lives

To sustain the planet for generations to come